



Canungra SS – PE Curriculum

		Term 1	Term 2	Term 3	Term 4
PE	P	Perceptual Motor Program – 6 Weeks	Ball Games – Tunnel ball, Leader ball, Over/Under, Captain ball	Perceptual Motor Program	Perceptual Motor Program
		Cross Country Training – 4 Weeks	Athletics – Running, Relays, High & Long Jump	Touch/Rugby League Team/Strategy Games	Basketball
PE	1	Perceptual Motor Program - 6 Weeks	Ball Games – Tunnel ball, Leader ball, Over/Under, Captain ball	Perceptual Motor Program	Perceptual Motor Program
		Cross Country Training – 4 Weeks	Athletics – Running, Relays, High & Long Jump	Touch/Rugby League Team/Strategy Games	Basketball
PE	2	Perceptual Motor Program - 6 Weeks	Ball Games – Tunnel ball, Leader ball, Over/Under, Captain ball	Perceptual Motor Program	Perceptual Motor Program
		Cross Country Training – 4 Weeks	Athletics – Running, Relays, High & Long Jump	Touch/Rugby League Team/Strategy Games	Basketball
PE	3	Soccer – 3 Weeks Cricket – 3 Weeks	Ball Games – Tunnel ball, Leader ball, Over/Under, Captain ball	Rugby League	Basketball
		Cross Country Training – 4 Weeks	Athletics – Running, Relays, Shot Put, High & Long Jump	Softball/T-Ball	Tennis
PE	4	Soccer – 3 Weeks Cricket – 3 Weeks		Rugby League	Basketball
		Cross Country Training – 5 Weeks	Athletics – Running, Relays, Shot Put, Discus, High & Long Jump	Softball/T-Ball	Tennis
PE	5	Soccer – 3 Weeks Cricket – 3 Weeks		Rugby League	Basketball
		Cross Country Training – 5 Weeks	Athletics – Running, Relays, Shot Put, Discus, High & Long Jump	Softball/T-Ball	Tennis
PE	6	Soccer – 3 Weeks Cricket – 3 Weeks		Rugby League	Basketball
		Cross Country Training – 5 Weeks	Athletics – Running, Relays, Shot Put, Discus, High & Long Jump	Softball/T-Ball	Tennis